# Your idea could change the way we respond to mental health

Full Application
Information Pack

Discovery Grants 2024



# **Fay Fuller** Foundation

# Guide to this information pack

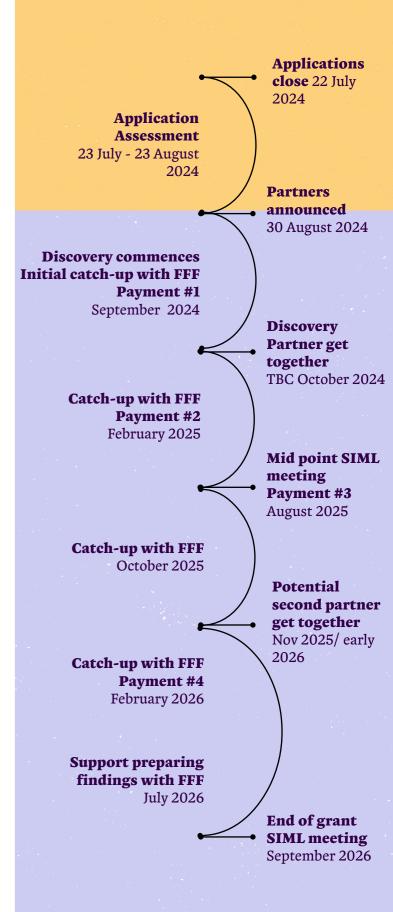
This information pack is to support the invited 8-10 applicants shortlisted from the Expression of Interest (EOI) stage as well as interested 2023 Spark Partners to prepare a full application for Discovery Grants. It has been made publicly available so that there is access to all the information when considering whether Discovery Grants are a good fit for you, and what information might be needed along the way.

We understand that grant applications take time, resources, passion and energy, and will be providing a small donation to express our gratitude for those who share their hopes, ideas, and expertise through a full application.

# Have a question?

We welcome you to get in touch and clarify any questions you might have about submitting an application.

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# Discovery Grants support testing and developing preventative approaches that support mental health and the conditions for wellbeing.

# Applications 2024

OPEN: **24 May** 

CLOSE: 5pm 22 July

# How to apply

Shortlisted EOI applicants will be notified by 24 May and will have until 5pm 22 July to prepare their full application to be submitted online using Grant Toolbox. There will be an opportunity to discuss feedback on your EOI and the full application process with Kate; Grants and Operations Manager.

## Additional resources

- Fay Fuller website
- Mental Health & Wellbeing Narrative
- EOI Information Pack

# **Eligibility**

To be considered for a Discovery Grant your proposal needs to meet the following criteria:

# For charitable purposes

We invite any type of organisation to apply where their work is for charitable purposes and for the benefit of community.

# South Australian Community Based

As a South Australian based Foundation we support community-based programs of work within South Australia. This criteria is assessed on the location of the work and if it is to the benefit of a South Australian community.

# Development of a new preventative and strengths based approach to mental health and wellbeing

Discovery Grants are not intended to provide ongoing funding for existing programs or services as they are an opportunity to develop your idea with community. However, the foundations of your idea might be a spin-off or adaptation of an existing program or be informed by previous engagement with your community.

# **Preparing your application**

In the full application we will be looking for you to expand on what your approach to exploring your idea during the grant period might be and what you are hoping to achieve. This is intended to support an understanding of what your ways of working might look like in practice and to think through the scope and feasibility over the two years. It doesn't need to include the finer details of an implementation or project plan, rather a broad overview of the key intentions, practices, and phases.

# Methodology

How you choose to test and develop your idea with community is up to you and should be the right fit for the context of your idea and your ways of working with community. We will look to understand how your approach and method will enable you to learn, reflect, and adapt throughout the grant period as well as the ways community are included and contributing across different stages of the project. Some example methods include: participatory research, prototyping, service-design research and co-development.

Please note, Discovery Grants aren't intended for implementing pilots as traditionally this methodology only supports community feedback after trialling an already developed idea, instead they are intended to support prototyping an idea and adapting it as you go based on what you are hearing and learning.

# Format & length

The two months to develop your application is to enable flexibility and the opportunity to engage with your community, it shouldn't be considered indicative of expected effort or time required. Similar to the EOI process, we have provided a guide of key information to include. The format of your application is your choice but guidance is 4-6 pages of information, to be presented in your preferred ways - this can include multiple formats such as written and video. Your responses to the EOI will automatically appear when you go to submit your application in Grant Toolbox, so there is no need to repeat information already shared.

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# Guiding questions for your application

# How might you bring your proposal to life?

What do you think the key phases, activities, and approaches might be to bring your proposal to life during the period.

# What will you be building on and what might you need to do to prepare?

What is already in place to support you in implementing your plan, and what might you need to learn, develop, or establish before getting started - for instance relationships with community, strengthening capability around your methodology, or hiring staff.

# How might you learn, reflect, and adapt throughout the grant period?

What will be important to support you to reflect on what you are learning throughout the grant period and implement these learnings to adapt as you go and what might practices to support you in this look like.

# How might the funding support your work?

How will your approach be resourced at a high level to ensure the work is within scope. A detailed budget isn't required, and you are welcome to reference any other existing or in kind resources in your description.

# What you might hope to see at the end of the grant period?

Building on your hope for this work, by the end of the two year period, what do you hope you might understand, have developed, or see.

# How do you see this piece of work interacting with other parts of the sector/system you work in?

This might be things such as bringing stakeholders on the journey, sharing learnings from your work, contributing to sector discourse or offering a new approach/ framework/ tool for others to adapt and adopt.

# **Assessment process**

Three Fay Fuller Foundation staff will individually review each full application, documenting examples of how the proposal meets the seven assessment criteria. We will bring together our reviews to compare and discuss as a team, inviting in critical questions and reflection to ensure there is a consistency in approach across our assessments. A shortlist recommendation of the proposals that are most aligned to the criteria and intention of Discovery will be presented to the Fay Fuller Board for approval.

During this process the Foundation may contact the key contact shared to clarify information provided.

### Feedback

We will phone applicants using the key contact number provided in the first instance to share the outcome of your application and provide initial feedback between the 26-29 August, with an open invitation for further discussion. If contact can't be made via phone within a working day, applicants will be notified via email.

### **Assessment Criteria**

The four EOI assessment criteria, and below additional application criteria will be used to assess applications.

# Diverse engagement

We will consider how you express an approach to be intentionally inclusive, person centred, and prioritise diverse community engagement.

# Strengths demonstrated by proposed methodology and plan

We will consider how your approach has accounted for alignment with intention, context and conditions, readiness, working with community, and the resources available.

# Grounded in conditions for change

We will consider how what you have shared has been developed with an understanding and regard to the current conditions, your approach for change, and intentions to take your development forward after Discovery.

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# **Direct Questions**

When you submit your application in Grant Toolbox you will be asked to provide a short answer to the below question:
Why do you think you or your organisation and staff are best placed to support

and staff are best placed to support community with this idea?

# **Guiding questions**

The guiding questions in the lavender panel invite you to build on the information already provided at the EOI stage and start to paint a picture of what this might look like in practice. We encourage you to consider the roles of yourself and community throughout all questions. You are welcome to reference your EOI and include anything additional that you think is relevant.

# What to expect during Discovery

The Foundation team will work alongside as a partner throughout the period to build a relationship of mutual learning and support.

We will arrange an introductory meeting in September to get to know each other, discuss your proposal and walk through the Memorandum of Understanding, an example from 2022 can be viewed here. This provides the opportunity to discuss and develop preferred ways of working together and pencil in dates for milestone discussions, see timeline on page one.

When we come together during the grant period our conversations and support might include:

- What you are discovering and learning, how this might be built on, what learnings you might like to share (with us or others), and any instances where there's been a need (or opportunity) to adapt or change.
- Problem solving, or explorative conversations that might identify opportunities to connect to information, networks, or support from our team internally.
- Understanding how your ways of working are impacting the development of your work, and any other associated ripples of change or impact.
- The involvement of community and how they are seeing the potential to support preventative mental health and wellbeing.
- Feedback on how we are showing up as a partner and any shifts we might make or different supports we could offer.

We will also create opportunities for our Discovery partners to connect, share, and learn together throughout the partnership.

### Resources

# What can the funding be used for?

The funding is to enable you to develop your idea with community in alignment with your application. The only specific restrictions on how the funding is used is that it is for charitable purposes and supports your ability to undertake your proposal with your community.

# What funding will be provided?

The funding will be provided as donations to support your work. Donations will be made in four six-monthly instalments of \$60,000 beginning in September 2024, and then after each milestone meeting to a total of \$240,000 (GST free). The Foundation will provide an additional \$5,000 to support the development of tools or evaluation frameworks to inform ongoing learning for the purpose of reflection and adaptation

# Is there any flexibility in timing?

We understand circumstances change and people work at different paces, so we will adapt to your needs and are happy to work flexibly.

# **Acquittal & reporting requirements**

As we work alongside our partners throughout the period, we don't request a funding acquittal with individual receipts but we will work with you to understand how the funding enabled you to do the work undertaken.

At the end of the grant period, we ask all Discovery partners to share what they have captured about their work and journey to the Fay Fuller Foundation board and invite a discussion around what might be made publicly available to support others.